

Association of Physicians for Manual
Medicine in Children & Atlas Therapy
Ärztgesellschaft für Manuelle Kinderbehandlung & Atlasterapie
ÄMKA


National Representative :
Prof. h.c. Dr. med. Stephan Martin

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1

Defining ÄMKA

- Albert Arlen (1925-1992) of Munster/Alsace developed Atlas Therapy, a gentle MM impulse technique that mainly affects the nervous centers responsible for regulating muscular tension, the autonomous nervous centers, the equilibrium and proprioception – Atlas Therapy is used in addition to other manual techniques
- Arlen’s approach led to a new understanding of the physiological effects of MM
- Atlas Therapy can safely be used in children – a new approach to MM in Children was developed
- The Students of Albert Arlen founded ÄMKA in 1992
- We only train post-graduate practitioners
- Our society includes members from all German and Austrian MM societies
- Located at Orthopedic Clinic of Hannover Medical School



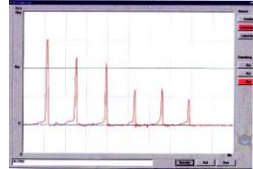

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2

Arlen’s Atlas Therapy

An extremely fast impulse is applied on the transverse process of the Atlas

Not a manipulation!



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4

ÄMKA’s motivation to join FIMM

Presentations at FIMM in 2004 (Bratislava) and 2010 (Potsdam)



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5

ÄMKA’s motivation to join FIMM

- Presentations at FIMM in 2004 (Bratislava) and 2010 (Potsdam)
- Active in ESSOMM since 2012
- Being a part of the international family of Manual medicine
- International friendship
- To exchange experiences, approaches and ideas

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6

ÄMKA’s contribution to FIMM

Arlen’s Atlas Therapy and neurophysiological approach to MM
A proven and safe concept for MM in children
A joy in international cooperation

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7

National Society Leadership

- **President:** Stephan Martin
 - Email: stephan.martin@diakovere.de
- **Secretary:** Martin Ruprecht
 - Email: ruprecht.muenster@gmail.com
- **Treasurer:** Ruth Kamping
 - Email: ruth@kamping.de
- **Executive Director:** Freerk Barth
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 - Fax: +49 5354 111
- **Website:** www.aemka.eu

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8

National Society Content

Membership: 265
Specialty/120+ hr: 265

Status MM Recognition: postgraduate program for MM accredited physicians for MM in children and for Atlas Therapy (Arlen)
Accrediting Body: DGMM
Nat'l Society Certificate / 300 hr: 265

Education
Programs/Yr: 2 national, 1 international (March 2 - 7 2020, Hannover)
Educational Sites: Hannover and Isny / Germany

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9

National Society Insights

- **Strengths**
 - #1 only post-graduate practitioners are trained
 - #2 lively discussions within the society to improve practice
 - #3 ongoing development of new techniques
 - #4 in depth training in pediatric neurophysiological development
- **Weaknesses**
 - #1 size
 - #2 interest in MM in children decreasing
- **Opportunities**
 - #1 diversity - most members are also members of other MM societies
 - #2 large diversity of medical specialties among members
- **Threats**
 - #1 physiotherapists trained in osteopathy without national guidelines

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10

A big thank you to FIMM from ÄMKA's scientific advisory board



11